

# Perquimans Seniors Activity Calendar 426-5404

# SPRING March-20

Open  
Monday-Friday  
8am - 5pm



[www.pcsejuniors.org](http://www.pcsejuniors.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Accepting Donations for our Community Yard Sale 2nd-6th</p> <p>1</p>	<p>Billiards 8-5 Exercise Class 10am Rook &amp; Other Games 1pm</p> <p>2</p>	<p>Billiards 8-5 Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm Zumba 2pm T'AI CHI Class 3pm</p> <p>3</p>	<p>Billiards 8-5 Begin Line Dance 8:15-8:45am Line Dance 8:45am EMS 9:30 Exercise Class 10am Bell Choir 11am Birthday Celebration 12:15pm Afternoon Games 1pm Bingo 2pm</p> <p>4</p>	<p>Billiards 8-5 TOPS 10am Choir 1pm Afternoon Games 1pm Line Dancing 6pm</p> <p>5</p>	<p>Billiards 8-5 Exercise Class 10am Train Dominoes and other Afternoon Games 1pm</p> <p>6</p>	<p><b>COMMUNITY YARD SALE</b> 8am - Noon</p> <p>7</p>
<p>8</p>	<p>Billiards 8-5 Exercise Class 10am Afternoon Games 1pm</p> <p>9</p>	<p>Billiards 8-5 Wreath Making Class 9am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm T'AI CHI Class 3pm</p> <p>10</p>	<p>Billiards 8-5 Begin Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 9:30am EMS Update 10:30am Afternoon Games 1pm Bingo 2pm</p> <p>11</p>	<p>Billiards 8-5 Van Trip 9am TOPS 10am Choir 12:15pm Afternoon Games 1pm Line Dancing 6pm</p> <p>12</p>	<p>Billiards 8-5 Exercise Class 9:30am AARP Real Possibilities and Advocate for Yourself 10:30am Afternoon Games 1pm Horsehoes 1-2pm Yoga 3pm</p> <p>13</p>	<p>14</p>
<p>15</p>	<p>Billiards 8-5 Exercise Class 10am "You and Your Bloodpressure" 11am Afternoon Games 1pm</p> <p>16</p>	<p>Billiards 8-5 Military Aviation Museum 8am Billiards Tournament 9:30am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm Zumba 2pm T'AI CHI 3pm</p> <p>17</p>	<p>Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Mediterranean Diet 11am Afternoon Games 1pm Bingo 2pm</p> <p>18</p>	<p>Billiards 8-5 Friendship Rocks 9am TOPS 10am Choir 12:15pm Advance Care Planning Workshop 1-2:30pm Afternoon Games 1pm Line Dancing 6pm</p> <p>19</p>	<p>Billiards 8-5 Exercise Class 10am Show and Tell 11am Senior Game Practice 1-2pm Other afternoon Games 1pm</p> <p>20</p>	<p>You are Invited</p> <p>Social 6-9pm</p> <p>21</p>
<p>Albemarle Senior Games Begin March 23-31st</p> <p>22</p>	<p>Billiards 8-5 Carfit 9am-Noon Jewelry Earrings Class 9am Exercise Class 10am Basic Billiards 1-3 Afternoon Games 1pm</p> <p>23</p>	<p>Billiards 8-5 1000 Words by Vietnam Veterans Leave at 9am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm T'AI CHI Class 3pm</p> <p>24</p>	<p>Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am History with Phil 11am Afternoon Games 1pm Bingo 2pm</p> <p>25</p>	<p>Billiards 8-1pm TOPS 10am Talent Celebration 1pm Billiards and afternoon Games 3-5pm Night Out 5pm Line Dancing 6pm</p> <p>26</p>	<p>Billiards 8-5 Exercise Class 10am Afternoon Games 1pm Croquet 1-2:30pm Yoga 3pm</p> <p>27</p>	<p>28</p>
<p>Computer Stations &amp; Fitness Room Open 8:30am - 4:30pm</p> <p>29</p>	<p>Billiards 8-5 Exercise Class 10am Afternoon Games 1pm Bocce 1-2pm</p> <p>30</p>	<p>Billiards 8-5 Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm Zumba 2pm T'AI CHI Class 3pm</p> <p>31</p>		<p>Senior Games: March 23 Bowling &amp; Billiards March 24 Bowling Doubles March 25 Bowling Mixed Doubles</p>	<p>Senior Games: March 27 - Swimming March 31 - Shuffleboard &amp; Horseshoes</p>	